

3a. Evaluation Worksheet Answer Key



3a. Shopping Cart Evaluation Worksheet

Name: _____

Directions

Review the section of a sample WIC check shown on the left side of the page and compare that to the items presented in the shopping cart on the right side of the page.

- If a presented item is acceptable, draw a ✓ beside the item.
- If a presented item (or combination of items) is not acceptable, draw a ✗ beside the item(s).
Be ready to discuss your responses.

WIC Check Presented

1.



Items in Shopping Cart



- Pepperidge Farm 100% Whole Wheat bread, 24-oz. ✗
- Our Family White Grape Juice, 64-oz. bottle ✓
- Store brand 1% milk, 1 gallon ✗
- Store brand skim milk, 1 gallon ✗
- Store brand cheese sticks, 12-oz. ✗
- Store brand medium brown eggs, 1 dozen ✗
- Carnation fat free evaporated milk, 12 oz. ✓

Comments on this WIC shopping cart:

Bread – 24-oz. loaf of Pepperidge Farm is not approved

May get either 1 gallon of 1% milk or skim milk, but not both gallons

Cheese sticks not allowed

Brown eggs not allowed





3a. Evaluation Worksheet Answer Key



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WIC Check Presented

2.

NEBRASKA WIC PROGRAM
301 Centennial Mall South • Lincoln, Nebraska 68509-5026
Buying, selling or otherwise misusing WIC benefits is a crime. To report suspected abuse, call 800-424-9212 or visit www.usda.gov/eligibility.htm

Clinic ID: 5-15 Name: Silvie Jensen

1 (DOZEN) MEDIUM OR LARGE EGGS
36 (OUNCES OR LESS) CEREAL
4 (HALF GALLON) LACTOSE FREE MILK - 1% OR FAT FREE
1 (11.5-12 OZ) FROZEN OR POURABLE CONCENTRATE JUICE

Items in Shopping Cart



- Store brand large eggs, 1 dozen ✓
- Store brand 1% lactose free milk, 2 half gallon ✓
- Store brand fat free lactose free milk, 2 half gallon ✓
- Kellogg's Corn Flakes, 24-oz. ✗
- Best Choice Happy Os, 18-oz. ✗
- Welch's Cranberry Juice Cocktail Frozen Concentrate, 11.5 oz. ✗

Comments on this WIC shopping cart:

Too much total cereal; one box okay, but not both

Cranberry Juice Cocktail not approved flavor

WIC Check Presented

3.

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Clinic ID: 5-15 Name: Lacey Pineapple

3 (8-OZ) INFANT CEREAL WITHOUT FRUIT
16 (4-OZ) JARS BABY FRUIT/VEG [2 PK = 2 JARS]

Items in Shopping Cart



- 4 jars – Beechnut squash, 4-oz. ✓
- 4 jars – Beechnut pears, 4-oz. ✓
- 4 jars – Beechnut apples, 2.5-oz. ✗
- 4 jars – Tippy Toes broccoli w/ cheese, 4-oz. ✗
- 2 boxes – Gerber cereal rice with apples, 8-oz. ✗

Comments on this WIC shopping cart:

2.5-oz. fruit and vegetable not allowed

No cheese or other additions – only fruits and/or vegetables

No fruit in the cereal

